



NYCSL OPEN 2020-2021
Match Day Guide

October 28, 2020

OPEN RULES	2011:U10	2010:U11	2009:U12	2008:U13
Master Roster Size***	26	26	26	26
Game Day Roster Size	14	18	18	18
# of players on the field	7	9	9	11
Min # of players on the field	5	6	6	7
Periods	2 x 25 min	2 x 30 min	2 x 30 min	2 x 35 min
Heading	*IFK	*IFK	*IFK	Yes
Rests	5 min	5 min	5 min	5 min
Ball Size	4	4	4	5
Offsides	Yes	Yes	Yes	Yes
Throw Ins	Yes	Yes	Yes	Yes
Penalty Kicks	Yes	Yes	Yes	Yes
Corner Kicks	Yes	Yes	Yes	Yes
Approx Field Size	35/45 x 55/65	45/55 x 70/80	45/55 x 70/80	60 x 110
Goal Size (Both goals must be same size)	Min: 6.5x12 Max: 7x21	Min: 6.5x12 Max: 7x21	Min: 6.5x12 Max: 7x21	8 x 24
Build Out Lines**	Equidistant between penalty area line and the half way line	No	No	No
Goal Keeper Punting	No	Yes	Yes	Yes
Referee	Level 9 Minimum	Level 8 Minimum	Level 8 Minimum	Level 8 Minimum
Substitution	Unlimited at discretion of the Referee			
Back Pass to Goal Keepers	FIFA rules shall apply to back pass to the keepers.			
Extra Time	Extra time and penalty shootouts will be used to produce winners at ELIMINATION STAGES (R16, QF, SF, Finals) If a match is tied after regulation, two 5-minute overtime periods for U9-U12 and two 10-minute overtime periods will be played for U13 and older in their entirety. Teams will have a 5-minute break before the first overtime. After the first overtime period, teams will change sides, with no break, and play the remaining overtime period. If the match is still tied after the two overtime periods, then penalty kicks (FIFA rules) will determine the winning team.			
<p>*IFK: When a player deliberately heads the ball in a game, an indirect free kick (IFK) should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick (IFK) should be taken on the goal area line parallel to the goal lines at the point nearest to the where the infringement occurred. This applies to all U11 and younger age groups in a competition.</p> <p>** Buildout Lines-Should be marked in a different color than the field markings, alternatively, FLAT line markers or FLAT cones may be used.</p> <p>***Rosters are NOT frozen, clubs/teams should NOT allow players from a GOLD team to play on a SILVER team</p>				



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October 28, 2020

OPEN RULES	2007:U14	2006:U15	2005:U16	2004:U17	2003-2002:U18-19
Master Roster Size***	26	26	26	26	26
Game Day Roster Size	18	18	18	18	18
# of players on the field	11	11	11	11	11
Min # of players on the field	7	7	7	7	7
Periods	2 x 35 min	2 x 40 min	2 x 40 min	2 x 45 min	2 x 45 min
Heading	Yes	Yes	Yes	Yes	Yes
Rests	5 min	5 min	5 min	5 min	5 min
Ball Size	5	5	5	5	5
Offsides	Yes	Yes	Yes	Yes	Yes
Throw Ins	Yes	Yes	Yes	Yes	Yes
Penalty Kicks	Yes	Yes	Yes	Yes	Yes
Corner Kicks	Yes	Yes	Yes	Yes	Yes
Approx Field Size	60 x 110	60 x 110	60 x 110	60 x 110	60 x 110
Goal Size	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24
Build Out Line**	No	No	No	No	8 x 24
Goal Keeper Punting	Yes	Yes	Yes	Yes	Yes
Referee	Level 8 Minimum	Level 8 Minimum	Level 8 Minimum	Level 8 Minimum	Level 8 Minimum
Substitution	Unlimited at discretion of the Referee				
Back Pass to Goal Keepers	FIFA rules shall apply to back pass to the keepers.				
Extra Time	Extra time and penalty shootouts will be used to produce winners at ELIMINATION STAGES (R16, QF, SF, Finals) If a match is tied after regulation, two 5-minute overtime periods for U9-U12 and two 10-minute overtime periods will be played for U13 and older in their entirety. Teams will have a 5-minute break before the first overtime. After the first overtime period, teams will change sides, with no break, and play the remaining overtime period. If the match is still tied after the two overtime periods, then penalty kicks (FIFA rules) will determine the winning team.				
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