

General Guidelines Pre-Match (coaches, trainers, players, referees, spectators/attendees):

1. All individuals should do a temperature self-check at home and should not participate or attend if he or she has a fever of 100.4 or greater.
2. Everyone who feels sick or has any symptoms of COVID-19 should not attend NYCSL matches.
3. Anyone who has had close contact with a person known to have COVID-19 should not attend NYCSL matches.
4. All individuals should disinfect their hands prior to and immediately after every match.
5. All individuals are to bring their own masks, hand sanitizer and water bottles which may not be shared.
6. All should depart immediately following the match.

Coach/Manager Guidelines

1. Ensure all players follow the guidelines including substitutes wearing a mask
2. Coach/manager should always wear a face mask
3. Social distancing on sidelines between players and coaches and managers
4. Staff passes, player cards, match day roster with photos and medical release form should be handled by team manager only
5. Maintain complete list of team attendees at each match including date, start/end time, to be made available upon request from local health department.
6. Leave team area immediately following the match.

Player Guidelines

1. Wear a face mask at all times, except when participating in match or warmup.
2. Social distancing on the sidelines, place bags and equipment at least 6 feet apart.
3. NO physical contact during celebrations: no group celebrations, no high 5's, hugs, handshakes etc.

Spectator Guidelines

1. Maintain social distancing during arrival, competition and departure from match.
2. Wear a face mask at all times.
3. NYCSL recommends only one spectator per player to reduce gathering size, some clubs require this.
4. NYCSL recommends dropping off your player for team warm-up and going to the field 10 minutes before scheduled kick-off.

What to do in the case of a possible infection or report of a player/coach testing positive?

Individuals:

- If you are experiencing symptoms, do not attend league games
- If you are experiencing symptoms during a league game, immediately leave the facility and self-quarantine
- Immediately notify your team and club officials
- Seek professional medical advice and see a medical professional, if necessary, to get tested

Teams and Clubs:

- Notify your Club Officials/Safety Officer and EDP Soccer officials, then cooperate with any mitigation and contact tracing protocols
- Notify your local/state health officials and cooperate with any mitigation and contact tracing protocols
- As required by local/state health and safety tracing guidelines, Your entire team and coaches should self-quarantine for 2 weeks and not participate in any organized competitions
- Any players/coaches/teams that may have come into contact with a potentially infected individual may be notified, and asked to self-quarantine or get tested for COVID-19

RESOURCES

Seek professional medical guidance and review federal, state, and local resources for more on health and safety guidelines

Review CDC Guidelines

- [Keeping Your Kids Safe Online During COVID-19](#) (US Center for SafeSport)
- [Symptoms of Coronavirus](#) (CDC)
- [Coping with a Disaster or Traumatic Event](#) (CDC)
- [Coronavirus Prevention & Treatment](#) (CDC)
- [Helping Children Cope with Emergencies](#) (CDC)
- [Coronavirus Travel Information](#) (CDC)

New York State Health Department COVID-19 Guidelines **State Soccer Association guidelines**

