

## HANDBALL

An **OFFENSE** if a player:

- Deliberately touches the ball with their hand/arm, including moving the hand/arm toward the ball
- Gains possession/control of the ball after it has touched their hand/arm and then ;
  - Scores in the opponent's goal
  - Creates a goal-scoring opportunity
- Scores in the opponent's goal directly from their hand/arm, even if accidental, including by the goalkeeper

**Usually an offense** if a player:

- Touches the ball with their hand/arm when:
  - The hand/arm has made their body unnaturally bigger
  - The hand/arm is above/beyond their shoulder level (unless the player deliberately plays the ball which then touches their hand/arm)

The above offenses apply even if the ball touches a player's hand/arm directly from the head or body (including the foot) of another player who is close

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Except for the above offenses, it is **NOT usually an offense** if the ball touches a player's hand/arm:

- Directly from the player's own head or body (including the foot)
- Directly from the head or body (including the foot) of another player who is close
- If the hand/arm is close to the body and does not make the body unnaturally bigger
- When a player falls and the hand/arm is between the body and the ground to support the body, but not extended laterally or vertically away from the body

The goalkeeper has the same restrictions on handling as any other player outside the penalty area. If the goalkeeper handles the ball inside their penalty area when not permitted to do so, an indirect free kick is awarded, but there is no disciplinary action

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